

PREVENTION OF RADICALISATION

„EQUAL AND UNITED“
TRAINING COURSE
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VISIT US

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OUR AIM

Radicalisation and violent extremism in Europe has raised significantly in recent years after the unprecedented influx of refugees. That is why we intend to empower youth workers with the knowledge and new tools to prevent radicalisation of youth, reduce social exclusion of religious and cultural minorities and promote intercultural and inter-religious dialogue.

That is why we created this booklet to share with youth workers the non-formal methods - how to transfer to young people the message of tolerance, mutual respect, social inclusion and prevention of radicalisation of young people.

We aim to
contribute to
culturally diverse,
equal and united
Europe.

PARTNERSHIP

CESTA ROZVOJE
Czech Republic

YOUTH ASSOCIATION INFO
FRONT - PRILEP
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ASOCIACION LAS NINAS DEL
TUL
Spain

YOUTH VISION
Romania

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REGIONALNE CENTRUM
WOLONTARIATU
Poland

L'ARCA DEL BLUES
Italy

HELLENIC YOUTH
PARTICIPATION
Greece

THE METHODS

1. **LIMIT 20:**

This method was taken from EDUCATION PACK, All Different - All Equal (2016) by Pat Brander, Carmen Cardenas, Juan de Vicente Abad, Rui Gomes, Mark Taylor

Activity to help participants explore discrimination and exclusion. It is fun and exciting to play, but requires good preparation. Three teams go through different rounds of competitive games.

Aims

- To experience injustice and discrimination.
- To reveal the participants' tolerance and solidarity.
- To reflect about exclusion, minority-majority relations, social handicaps and competition.

Time: 2.5 - 3 hours

Group size: A minimum of 15 and a maximum of 35

The full description of the game can be found here:

<http://www.eycb.coe.int/edupack/42.html>

2. BULLYING AND GUNS IN SCHOOL

This activity aims to raise awareness about bullying and any problems around us in general. It shows that we should observe what is happening in our environment not to overlook injustice happening to others. If we catch the early signs of any problem, we can prevent it.

Time: 45 minutes

Group size: 15 - 30 people

We divide everyone in 2 groups + 5 people are secret agents. Each of 2 groups is representing opposite views - 1 is for carrying guns for protection and 1 is against. The goal is to persuade every member of opposite group to join their point of view until every member of one group joins the other one.

Meanwhile everyone is discussing the gun issue, secret agents simulate beating and killing one of member (who is also a secret agent) and then carry him/her outside of the room.

The point is to show how many people will not even pay attention to it and continue discussing the issue. Reflection follows.

After that the following video can be played with further debriefing:

<https://www.youtube.com/watch?v=A8syQeFtBKc>

3. STEP FORWARD

The aim of the activity is for participants to experience how is it to be in the role of discriminated person. The activity raises empathy and tolerance towards marginalized groups and supports social inclusion of excluded and discriminated people.

Time: 40 minutes

Group size: 10 - 30 people

First every participant is given unique role (refugee man from Syria, immigrant woman latin america, lawyer man from Germany,...) which was created beforehand. The roles are written on pieces of paper and everyone takes 1 randomly. Participants read their role but dont tell anyone.

Now everyone stands in 1 long line with closed eyes. Participants are given short time to imagine how their life would look like if they were the assigned person. Trainer reads statements and everyone reacts based on their assigned role - if their character agrees with the statement, they make a step forward, if not - they stay at the same place. After reading all the statements, people can open their eyes and look around how far they are from each other. After that everyone says out loud their role. Reflection follows.

Examples of statements: You can freely walk alone in the city where you live; You have a right to vote in the country where you live; You have a right to choose your life partner; You have an access to internet at home; You can visit your family whenever you want,...

4. COCONUT STORY

The aim of this activity is to promote cooperation, discussion and empathy towards needs of others.

Time: 45 minutes

Group size: 15 - 30 people

Everyone is divided in 2 groups and every group is given instructions in private (they can't hear what our instructions for other group). Each group is a team of scientist who needs to develop a cure. One group is developing cure against some deadly virus and in order to achieve that they need flesh of 1000 coconuts, another group is developing cure against cancer and to achieve that they need shell of 1000 coconuts. Each group is given funds of 10000 of euros and they need to buy the coconuts to finish their cure.

Now 1 trainer is standing in the middle and is offering them 1000 coconuts. Everyone is trying to bargain but trainer cannot go lower than 20000 euros for 1000 coconuts.

The point is for both groups to understand that they can cooperate and buy coconuts together, because they need different part of coconut for their research. Reflection follows.

5. SELF-IDENTIFICATION

The aim is to raise empathy towards socially excluded people and to make participants feel how is it to be one or how is it to deal with excluded people.

Time: 45 minutes

Group size: 15 - 30 people

Everyone is given a sticker with a name of vegetable and they put it on their forehead. There is only 1 exception - 1 person gets sticker with "kebab". Trainer announces that everyone is vegetable and they need to find out which vegetable they are. After they find out what vegetable they are, they need to sit down.

Everyone can freely move around the room and ask others YES or NO questions only. After a while everyone finds out which vegetable they are and they all sit down - beside kebab. Reflection follows - how kebab felt, how others felt when they talked to kebab,...



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